

Shopping list for the food bank

Milk (UHT or powdered)
Sugar (500g)
Fruit juice (carton)
Soup
Pasta sauces
Sponge pudding (tinned)
Tomatoes (tinned)
Cereals
Rice pudding (tinned)
Tea bags/instant coffee
Instant mash potato
Rice/pasta
Tinned meat/fish
Tinned vegetables
Tinned fruit
Jam
Biscuits or snack bars

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