



Knowing how to pray in times of crisis can be difficult, so below are some more prayers, themes and topics that you might like to explore in your times of prayer.

These are from prayer requests that we have received in recent days.

A Prayer for midday

Breathe on me, Spirit of God.
Awaken me to this moment
of daylight's height that points to
the light of your Son that is with me.

Breathe on me, Spirit of God, as I spread my hands before you, holding in them the lost, the desperate, and the dying, holding those you have given me to love in my praying, holding in them my joys, my hopes, and my sorrows.

Let the eyes of Christ be fixed upon me and those for whom I pray.

As I rest for this brief moment, breathe, Spirit of refreshment, on all of me, that I may be drawn ever deeper into walking with the Son of Pilgrimage, by whose love I move and pray and delight in God. Amen

We pray for...

Those going through the anxiety of pregnancy - hospital visits and fear for future of Mum and baby at delivery.

MIND and other mental health organizations dealing with a surge in those needing advice and support.

Those brave volunteers who have stepped up to be tested for vaccine research despite the potential dangers to themselves.

All people suffering from domestic abuse and those seeking to support them and provide safe houses for them.

Officers of our Courts especially those dealing with an increase in child protection issues.

Registrars - coping with the increase in deaths to register and how that affects them.

Police officers, and other Home Office staff, dealing with day to day decisions as to how to enforce new regulations.

Border security forces and all airport staff dealing with people coming into the country with little scrutiny as to their Covid status.

Young nursing staff barely out of training being sent away from home to serve in unfamiliar hospital situations.

Those growing numbers facing a financially unknown future.

Those in our Link Dioceses of Melanesia and DRC who have none of the infrastructures in place to deal with this pandemic.

We are not people of fear,
we are people of courage.
We are not people who protect our own
safety, we are not people of greed.
We are people of generosity.
We are your people God, giving and loving,
wherever we are, whatever it costs,
for as long as it takes, wherever you call us.

Amen

God of life and love,
whose Son was <u>victorious</u> over sin and death,
make us <u>alive with His life</u>,
that the <u>whole world</u> may resound
with <u>your praise</u>;
through Jesus Christ our Lord. **Amen**

Collect Prayer for Psalm 150

Let everything that has **breath** praise the Lord! Alleluia!

BREATH being a major topic at this time

Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful
and lift up all who are brought low;
that we may rejoice in your comfort,
knowing that nothing can separate us from
your love, in Christ Jesus our Lord. Amen